

We understand it is not always convenient to travel to Idaho Falls or Jackson Hole for a personal consultation with Dr. Freeman. If you are interested in a long-distance consultation please contact us, and our patient care coordinator will assist you in getting the information we need to get started. In addition to New Patient Paperwork, we will need a series of close up photographs clearly showing your areas of concern. Some patients will not be candidates for certain procedures and therefore traveling a long distance may be unnecessary. We will assist you in getting all of the needed information to us prior to meeting with Dr. Freeman in person.

We encourage our long distance patients to submit photographs by email as well filling out patient information forms so that we may evaluate your individual situation in terms of your candidacy for a specific plastic procedure.

In order for Dr. Freeman to assess your surgical options, we request that you send pictures of yourself with the area you are looking to address. This enables Dr. Freeman to assess your goals before you take the time to travel to see us. Please see the tips below to achieve the best pictures:

Breast photos- The frame of the picture should be from the collar bones/shoulders to the belly button. The pictures should be set against a solid color backdrop with good lighting. Please send 3 photos- 1 straight ahead with both hands resting at your sides, 1 facing left and 1 facing right.

Facial photos- The frame of the pictures needs to be from the top of the head to the bottom of the neck or collar bones. The pictures should be set against a solid color backdrop with good lighting. Please send 3 photos of your face, 1 from the front and 2 from each side. If you are inquiring about other areas of the face for example the eyelids, please take close up photos.

Body photos- The pictures should be of all areas requiring surgery. The pictures should be set against a solid color backdrop with good lighting. Please send photos of the front, back and both side views, with your feet shoulder width apart and your hands resting at your sides. Please have the frame of the pictures below the breasts down to your knees.

Once your photographs and health information have been reviewed by Dr. Freeman, we will contact you either by email or telephone (as per your request) to discuss your options. If you are a good candidate we can send you all of the information concerning that procedure to read in advance, well ahead of surgery. Many patients can schedule a surgery in Idaho Falls with only a 2 night stay. Patients can come into Idaho Falls a day early for their first preoperative visit, have surgery the following day and then return home early on the third day after a morning postoperative visit with Dr Freeman.